



Shuswap Minor Lacrosse Association

PO Box 1106
Salmon Arm, BC
V1E 4P2



Pride

Integrity

Respect

Appendix D – Outbreak Plan

In case of an outbreak at practice or event, Shuswap Minor Lacrosse will implement the following outbreak plan.

An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. Identify the roles and responsibilities of staff if a case or outbreak is reported. Determine who within the organization and facility has the authority to modify, restrict, postpone or cancel activities.
2. If a coach/volunteer or a player/parent reports they are suspected or confirmed to have COVID-19 and have been at the facility, notify the facility right away so they can implement enhanced cleaning measures to reduce risk of transmission.
3. Refer to the Illness Policy and advise individuals to:
 - Self-isolate
 - Monitor their symptoms daily, and do not return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - The Participant will not be permitted to return to the facility until they are free of the COVID19 virus as verified by a medical professional.
 - Use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed.
 - Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
 - Individuals can learn more about how to manage their illness here:
<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/if-you-are-sick>
4. In the event of a suspected case or outbreak, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at our local health authority.
5. If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.